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# PATIENT MONITORING SYSTEM BASED ONWIRELESS SENSOR NETWORK USING ARDUINO AND ZIGBEE

Health-Care System

Prof. Uttara Gogate<sup>1</sup>, Udhav Velnekar<sup>2</sup>, Jyoti Sakure<sup>3</sup>, Varun Badgujar<sup>4</sup>

<sup>1</sup>Department of Computer Engineering, Shivajirao S. Jondhale College of Engineering, Dombivli, India <sup>2</sup>Department of Computer Engineering, Shivajirao S. Jondhale College of Engineering, Dombivli, India <sup>3</sup>Department of Computer Engineering, Shivajirao S. Jondhale College of Engineering, Dombivli, India <sup>4</sup>Department of Computer Engineering, Shivajirao S. Jondhale College of Engineering, Dombivli, India

**ABSTRACT**-With the increasing development of wireless technology, wireless devices have conquered the medical areas with wide range of capability .we are dealing with the advantage of wireless sensor network over wired alternatives and portable devices like blood pressure, temperature and stress monitoring. The advancement of wireless technologies in sensor, power has resulted into development of miniature lightweight low cost and smart physical sensor node. Further node for health monitoring they can be used in wireless personal area network or wireless body sensor networks (WBSNs).

KEYWORDS- Healthcare, ZigBee, Arduino, wireless body sensor networks, Wireless patient monitoring

#### I. INTRODUCTION

WSN, sometimes called wireless sensor and actuator network (WSAN), are spatially distributed autonomous sensors to monitor physical or environmental conditions, such as temperature, stress, heart beat etc. and to co-operatively pass their data through the network to a main location [1]

The WSN is built of 'nodes'-from a few to several hundred or even thousands, where each node is connected to one (or sometimes several) sensors. Each such sensor network node has typically several parts; a radio transceiver with an internal antenna or connection to an external antenna ,a microcontroller and an electronic circuit for interfacing with sensors[2]. These system do not requires the patient to be limited to his bed and allow him to move around but requires being within a specific distance from the beside monitor. Remote and wireless healthcare at home or in the hospital is an important technology with many advantages

1) With the help of this multiple patients can monitor their physiological parameter at home without the necessity to go the hospital from time to time

2) Doctors in the remote server center can watch the patient health conditions closely and hence provide real-time advice to them.[3]

3) The vital body sign like heart rate, temperature and stress of the patient monitored continuously.

#### II. EXISTING SYSTEM

Sr	Paper Name	Author Name	Year	Parameters	Wireless	Merits	Demerits
No.					option		
1	Networking	Yujin Lim,	2015	ECG,	ZigBee	Reliable Data	-
	Strategies for	Jaesung Park		Temperature		Transfer, Time	
	Structural	_		_		Synchronizatio	
	Health					n	
	Monitoring in						
	WSN						
2	An Advanced	Nitya,	2013	ECG,	ZigBee	Power	Big Database
	Wireless Sensor	Pushpam,		Temperature,		Efficiency,	
	Network For	Maninder		GSR, Blood		Security	
	Health	Kaur		Pressure			
	Monitoring						

Table No.1:- Existing system

3	Wireless Sensor Network for Wearable Physiological Monitoring	K. P. Safeer, Prgati Gupta, D.T. Shakunthala	2008	ECG, SpO2	ZigBee	Easy access to patient's information. Current and Past data is stored	Cables woven in the fabrics pick up noise such as power line interference, signal from radiating sources
4	HealthGear: A real-time wearable system for monitoring and analyzing physiological signals	Oliver, Flores Msngas.	2006	ECG, SpO2	Bluetooth	Good Performance	Devices are too big and heavy to carry

#### **III.PROPOSED ARCHITECTURE**

In this system wireless health monitoring body area sensor network is integrated with broader multitier tele-medicine which is explained in Figure 1. At the top of the network hierarchy this tele medical system comprised of individual health monitoring system connected to internet. The medical server located on top tier provides an optimized service for large no. individual users and is a complex network of different interconnected services and medical personnel and health professionals. Now the user needs to wear some number of sensors in a predefined pattern on their body. The main functions of these sensor nodes is to unobtrusively sample vital signs and transfer the resultant data to a personal server using wireless personal network and this is implemented using ZigBee(802.15.4). The medical server provides various services to the users, medical personnel, and informal caregivers by keeping electronic medical records of registered users. The medical server is responsible to authenticate users, accept health monitoring session uploads, format and insert this session data into corresponding medical records, analyze the data patterns, recognize serious health anomalies in order to contact emergency care givers, and forward new instructions to the users, like physician prescribed exercises. The collected data is integrated into research database and then the analysis of conditions and pattern could prove invaluable to the researchers who are trying to link symptoms and diagnoses with historical changes in health status, physiological data, or other parameters. The personal server that was implemented on a personal patient recovery and long term care digital assistant (PDA), cellphone, sets up and controls the WBAN provides graphical or audio interface to the user. Then it transfers the information about the health status using internet or mobile phone to the medical server.

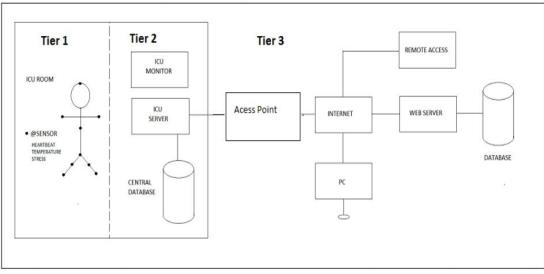


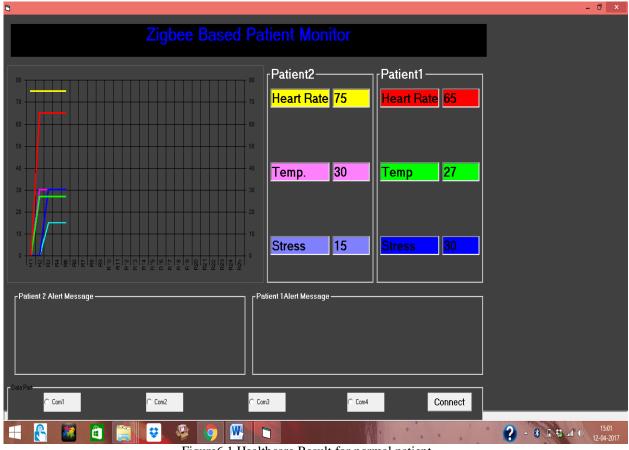
Figure 2.1: Proposed architecture.

#### **IV. REQUIREMENTS**

For implementation, we've made use of 3 sensors, GSR stress sensor, LED LDR Blood pressure sensor, and Lm35 Temperature Sensor. Network module used is ZIGBEE XB-24. Also Arduino Uno board was used for interfacing the sensors and the ZIGBEE module. For the purpose of fetching the data, code was written in Embedded C and Processing 3 was used to process, and displays the data. The acquired data is stored on MS-Access sheet for the purpose of storage. The software stated can be run on a system with OS Windows 7 & up/ IOS 8 & up/ Android 4.1 & up.

#### V. WORKING

Attach the sensory device to the body of the patient and turn on it. The sensors, namely temperature sensor and pulse rate sensor, will collect the data and transmit it through the ZigBee module attached on the Arduino board. The receiving end on the laptop, again consisting of a ZigBee module will receive the transmitted data. The received data will be processed using custom software which is developed on Processing 3. All the parameters viz. body temperature and the pulse rate of the patient would be displayed using specially developed Software. The processed data will be stored in the Ms-Access database. If the received values exceed the medically predefined thresholds, threshold will be displayed on the monitor.



#### VI. RESULT

Figure6.1 Healthcare Result for normal patient.

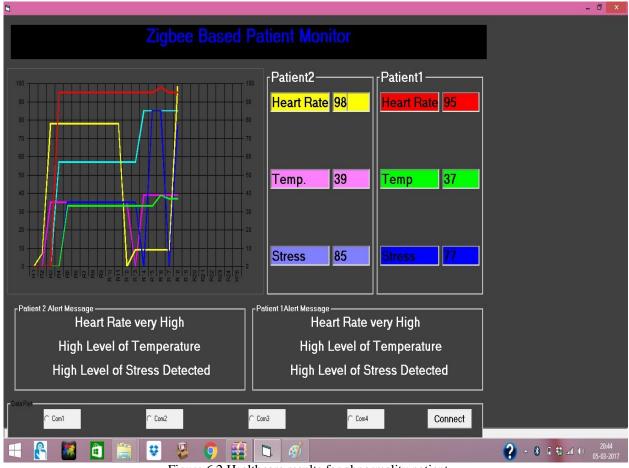


Figure 6.2 Healthcare results for abnormality patient

The tests run on a two-patient system shows graph generated for stress levels, temperature levels and heartbeat graphs. Corresponding messages are displayed at the bottom of the window; separate window for each target patient.

The analysis of the proposed network infers that it will provide:

- Monitoring and remote supervision of patients will be trouble free.
- It is a compact wireless sensor network which is also energy efficient.
- The vital body signs like heart rate, temperature and stress of the patient will be monitored continuously.
- If any abnormal reading will be found below or above threshold set in the system, an alert will be generate.
- Monitoring system is developed in such a way that it is flexible, portable and movable.

#### VII. CONCLUSION AND FUTURE SCOPE

Continuous monitoring with early detection can helps in increasing level of confidence in patient, which may result in improved quality of life. In addition to this, ambulatory monitoring will help the patient to engage in normal activities of daily life, rather than staying at home or close to any specialized medical service. We are successfully monitoring patient's vital body parameters like heart rate, temperature and stress.

They will be applied on the body as the skin patches and will be seamlessly integrated into a personal monitoring system. It would be worn for extended time period. As a further scope, an alert message will be sent to the doctor and patient's relatives.

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